

FIBROMYALGIA TESTIMONIAL

I am 52 years old and was diagnosed with Fibromyalgia approximately twelve years ago. I believe it started when I was 30 years old and came down with shingles for 30 days. After that other symptoms started. I remember going to my PCP at least once a month for a year, each time with a new symptom and seeing a different Doctor. Some of the symptoms were headaches, neck pain, pain between my shoulders, sciatica, chest pain, insomnia, etc. Then one day I wrote everything down and insisted to see my Doctor for at least an hour consultation. He agreed to see me and after listening to all my complaints, he ran a series of tests, which of course all came back negative.

My Doctor requested that I see a Rheumatologist because he couldn't figure out what was wrong with me. After feeling like a hypochondriac I was finally diagnosed with Fibromyalgia. I had 14 tender spots out 18. Soon after that, they put me on different drugs. I went through at least 4 or 5 different medications before I could tolerate the side effects. After a while I decided I was too young to be on all these medications, so I stopped taking them and left that Doctor. I decided to try Chiropractors, Nutritionists, and even a Fibro and Fatigue Clinic; they put me on even more drugs than what I was on before. I stopped going to everyone except for my Rheumatologist. I am a Christian believer and decided to give it to God and have him guide me on what to do.

Then one day I was at a friend's house and met Dr. Corcetti and his family. I spoke to him about my situation, but didn't make an appointment right away. Fall came around and my sciatica really acted up. I had pain in my back and shooting down my left leg, it was unbearable. I finally made the appointment with Dr. Corcetti. After a few treatments I noticed I was in less pain. I continued to go for adjustments and nutritional treatments, feeling somewhat better, but not like I wanted to be. Dr. Corcetti then told me about a meeting he had attended on a new treatment and asked me to attend a workshop on this technique. He was excited to share this with me and realized I needed a different approach because of the Fibromyalgia. I prayed about it and decided to give it a try.

I started the program approximately 5 months ago and I definitely feel much better. I have less pain, better sleep, and more energy. I have had a few setbacks because my grandson was born in need of open heart surgery and we had a few close family deaths. With the treatment I had less stress and handled it much better. I am now confident that I can wean myself off of two drugs that I have been on for a while. My Rheumatologist said I was doing really well compared to most of his patients with Fibromyalgia. When I told him I wanted to get off Cymbalta, he was really impressed. He gave me a lower dose to wean myself off of the medication. He asked me what I was doing and I told him about the treatment I'm receiving from Dr. Corcetti. He said "do what ever you're doing, it seems to be working!" Most of his Fibromyalgia patients are asking for more drugs.

I will continue my treatment plan with Dr. Bob and his staff. They have become my second family. I am hoping and praying that someday I will feel much better or maybe even feel like I have my life back. I strongly recommend this treatment to anyone that is suffering like I was. ~ L. P.